

Is spinal decompression right for you?

Tony Strinko of Independence had endured shoulder and neck pain as well as numbness in his little finger for about three years. Visits to other doctors provided mild to moderate success, but pain relief was always temporary. Strinko researched cervical herniated disc on the Internet, and realized that what he needed was a doctor who could do non-surgical spinal decompression. He called the Chiropractic Rehab Center on Buttermilk Pike and asked if Dr. Gary Callioni performed spinal decompression.

"Dr Callioni exceeded my expectations," Strinko says. "He has the knowledge and the equipment to treat my condition, and after five weeks, I am pain free."

When a cervical disc has herniated or ruptured, it may create pressure against one or more of the spinal



Tony Strinko and Dr. Callioni.

nerves which can cause pain, weakness or numbness in the neck, arms, and hands. Spinal decompression stops pain by using negative pressure to create a vacuum that pulls the painful disc back where it belongs.

"Spinal decompression is rapidly becoming one of the leading alternatives to surgery for the conditions of herniated, ruptured, or degenerative discs," says Dr. Callioni. "Tony realized

that this was the alternative he wanted and it is working for him. Not all people are good candidates for this treatment, but Tony is."

Dr. Callioni utilizes this new technology to treat chronic neck and back pain. This gives patients different treatment options besides pills, injections and surgery. Call 331-9566 to schedule a consultation. More information is available at www.nkychiropractor.com.